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Act+Fast Rescue Choking Vest - Blue

Item No.	1017938 [W43300B]
Weight	1.5kg
Dimensions	33 x 29 x 13 cm
Brand	Act Fast Medical LLC
MPN:	AF-101-B

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SKU:

Categories:BLS and CPR Accessories









Product Description

Why Choose the Act+Fast Rescue Choking Vest – Blue for Your Simulation Lab in India?

The Act+Fast Rescue Choking Vest – Blue (Item No. 1017938 / W43300B, MPN: AF-101-B) by Act Fast Medical LLC, USA is a 1.5 kg, 33 × 29 × 13 cm wearable anti-choking trainer that teaches the correct abdominal thrust manoeuvre (Heimlich manoeuvre) without requiring a dedicated choking manikin — the trainee wears the vest and acts as the patient, while the rescuer practises on a real human body with correct anatomical reference points. When the abdominal thrust is applied correctly, a foam plug is expelled from the vest, providing immediate, unambiguous pass/fail feedback on technique. For CPR instructors, first-aid certification centres, hospital in-service programmes, schools, fire departments, and corporate safety training programmes in India that need to teach abdominal thrust technique to large groups efficiently and without manikin setup, the Act+Fast vest is the most versatile and interactive choking training format available. AHA protocol compatible. Includes 10 foam plugs and a convenient carry bag.

The wearable format enables training in all the positions a real choking emergency can occur — standing, seated in a chair, on the ground, or self-rescue against a counter or chair back — positions that fixed choking torsos cannot simulate. Because the trainee wearing the vest feels the thrust pressure directly, the training creates a two-way learning experience: the rescuer develops correct technique and force calibration, while the wearer develops awareness of what a correctly performed thrust feels like, which is clinically relevant for responders who may need to self-rescue. The foam plug ejection mechanism requires correct fist placement between the navel and xiphoid process and sufficient upward inward force — training the exact technique and force direction specified in AHA guidelines without guesswork. The blue colour makes the vest visually distinctive in classroom settings for easy identification of the wearer/patient role.

Why Buy from SEM Trainers? SEM Trainers & Systems has over 30 years of experience supplying medical simulators and training equipment to 1,500+ institutions across 28 states in India. We provide pan-India delivery and dedicated after-sales support. All products carry genuine manufacturer warranty.

Frequently Asked Questions

Q: Does this vest require a manikin? A: No. The Act+Fast Rescue Choking Vest is worn by a trainee who acts as the patient, allowing the rescuer to practise abdominal thrusts on a real human body. No manikin is required.

Q: What positions can this vest be used in? A: The vest supports choking response training in standing, sitting, and ground positions, and also for self-rescue using a counter or chair — a versatility

not available with fixed choking torso trainers.

Q: What is included? A: The vest, 10 foam plugs, and a convenient carry bag.

The ACT+Fast Rescue Choking Vest is an invaluable tool for CPR instructors to easily and effectively teach students the correct way to perform the Abdominal Thrust Maneuver (Heimlich) without using a manikin. The goal of Act+Fast is to promote CPR education by making it more accessible and fun! When performed correctly, a foam plug shoots into the air, making teaching easy and learning fun. The trainer can be used standing, sitting, on the ground or even for choking self-rescue by using a counter or chair. Use the Act+Fast Anti Choking Trainer while practicing AHA protocols. It's perfect for helping to train personnel in hospitals, fire departments, school systems and other safety organizations. 10 foam plugs and convenient carrying bag included.