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# Life/form® Suture and Stapling Practice Trainer Set

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| Item No. | LF01031 |
| Weight | |
| Make: | Nasco Healthcare, USA |

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**SKU:**LF01031

**Categories:**Suturing and Bandaging

## Product Description

Made with a soft vinyl skin over a core of stitchable foam to provide a lifelike suturing experience for students or a realistic suturing demonstration by an instructor. Realistic skin texture with wrinkles, pores, and visible fingerprints. Soft and pliable for easy sewing, the skin is tough enough that sutures will not pull out when tightened. Each unit provides three pre-existing "wounds." These "wounds" can be sutured repeatedly until the skin around them is finally worn out then, new "wounds" can be cut. Although disposable, the trainers provide hundreds of suturing experiences before wearing out. Conservatively, over one hundred cuts can be made on each trainer and each of these cuts can be sutured several times. Set consists of one Practice Arm (LF01028) and one Practice Leg (LF01034). Each trainer comes with a starter package of sutures and instruction booklet.

**Why Choose the Life/form® Suture and Stapling Practice Trainer Set for Your Simulation Lab in India?**

The Life/form® Suture and Stapling Practice Trainer Set (Item No. LF01031) by Nasco Healthcare, USA is a two-piece suturing and stapling skills set combining the Life/form® Practice Arm (LF01028) and Practice Leg (LF01034) — two anatomically realistic trainers made with soft vinyl skin over a core of stitchable foam, featuring realistic skin texture with wrinkles, pores, and visible fingerprints for the most lifelike suturing surface in this subcategory. For surgical skills training programmes, emergency medicine residencies, medical college simulation labs, and NMC-mandated clinical skills labs in India that need affordable, high-volume suturing practice on anatomically shaped arm and leg surfaces, this set delivers a genuinely anatomical training experience at a cost-per-suture that flat pad trainers cannot match.

Each trainer comes with three pre-existing wounds that can be sutured repeatedly — and when the skin around a wound is worn out, new wounds can be cut anywhere on the trainer. Conservatively, over 100 cuts can be made on each trainer, and each cut can be sutured multiple times, providing hundreds of suturing experiences per unit. Although technically disposable, the trainers are economical for the volume of practice they support. The vinyl skin is soft and pliable for easy sewing, yet tough enough that sutures will not pull out when tightened — the key mechanical property that distinguishes a realistic suturing experience from a too-soft pad that gives unrealistic resistance. Each trainer includes a starter package of sutures and an instruction booklet.

**Why Buy from SEM Trainers?** SEM Trainers & Systems is an authorized distributor of Nasco Healthcare products in India with over 30 years of experience supplying medical simulators to 1,500+ institutions across 28 states. We provide pan-India delivery, on-site installation, faculty orientation, and dedicated after-sales support.

**Q: What trainers are included in this set?** A: One Practice Arm (LF01028) and one Practice Leg (LF01034) — both available individually or as this combined set.

**Q: How many suturing sessions does each trainer support?** A: Each trainer has three pre-existing wounds and can have over 100 new wounds cut into it, with each wound suturable multiple times — providing hundreds of suturing experiences per unit before replacement.

**Q: Does the skin resist suture pull-through?** A: Yes. The vinyl skin is tough enough that sutures will not pull out when tightened, providing realistic tissue resistance rather than the artificially easy suturing experience of softer training

pads.