

# Infant Chest Skin with Umbilicus LF03638U Instruction Manual



*Life/form*<sub>®</sub> Products by Nasco



#### About the Simulator

The *Life/form*<sup>®</sup> Infant Chest Skin with Umbilicus is an exciting training aid for practicing and demonstrating umbilical clamping, cutting, and cannulation of the newborn. Visual and tactile realism are combined in this simulator to provide students with the most realistic training possible. The umbilicus allows students to practice clamping, cutting, and aspirating blood, making the use of the *Life/form*<sup>®</sup> Infant Chest Skin with Umbilicus Simulator a realistic training exercise.

#### Set Up

The *Life/form*<sup>®</sup> Infant Chest Skin with Umbilicus has been designed to replace the standard outer chest skin on the Resusci<sup>®</sup> Baby\* brand CPR Manikins.

## Resusci<sup>®</sup> Baby\* Installation Instructions

#### **Removing the Regular Chest Skin**

In order to install the Infant Chest Skin with Umbilicus, you must first remove the outer skin that is currently in place on the Resusci<sup>®</sup> Baby\*.

#### **Chest Plate Preparation**

Lift out the lung and chest plate assembly. **(See figure 1)** Once you have removed the lung plate from your Resusci<sup>®</sup> Baby\*, you must determine which style the lung plate is.



Figure 1



Figure 2

If you have a lung plate like the one in Figure 2, you may proceed to "Installing the Umbilicus" on page 3.



Figure 3

If you have a lung plate like the one in Figure 3, follow the steps below.

You will need to locate the <sup>3</sup>/<sub>8</sub>" drill bit included with your *Life/form*<sup>®</sup> simulator and a standard electric <sup>3</sup>/<sub>8</sub>" household drill (not included).

Turning the lung plate over, you will find two circular depressions on the lower end of the lung plate. (See figure 4.)



Figure 4



Figure 5



Figure 6

By measuring, find the center between the two circles and mark it with a pencil. **(See figure 5.)** 

Carefully drill a <sup>3</sup>/<sub>6</sub>" hole through the lung plate in the marked location. **(See figure 6.)** (Be sure to wear safety glasses during this step.)

\*RESUSCI® BABY IS A TRADEMARK OF LAERDAL MEDICAL CORPORATION.



Figure 7A



Figure 7B

Be sure the hole is nice and smooth and no burrs are present. You may remove any burrs with a file or by trimming carefully with a scalpel. (See figures 7A and 7B.)

#### Installing the Umbilicus



Figure 8

Once the lung and chest plate assembly has been removed, thread the umbilicus up through the lung plate assembly so only two inches are pro-truding. (See figure 8.)

Next, coil the extra umbilicus under the plate with the small latex tubing coming out of the right-hand side of your Resusci<sup>®</sup> Baby\*.



#### *Figure 9* Now install your lung and chest plate assembly back into the body. *(See figure 9.)*



#### Figure 10

Finally, snap the top four connections down on your new chest skin, thread the umbilicus through the hole in the chest skin, and finish attaching the skin. **(See figure 10.)** Push the umbilicus down so only about one inch is protruding.

\*RESUSCI® BABY IS A TRADEMARK OF LAERDAL MEDICAL CORPORATION.

#### **General Instructions for Use**



#### Figure 11

A. Preparing the Synthetic Blood Concentrated blood colorant is provided. Fill the 16-oz. container with tap water for the proper dilution. (See figure 11.)



#### Figure 12

#### B. Hanging the IV Bag

Hang the bag at an 18" height.

#### C. Filling the IV Supply Bag

Pour the diluted *Life/form*<sup>®</sup> Blood into the IV bag. (See figure 12.) Distilled water can be used in place of synthetic blood. Be certain the clamp on the tubing is closed before filling.



#### Figure 13

#### D. Connecting the IV Bag to the Umbilicus

The umbilicus is supplied with a special connector that fits the umbilicus tubing and the IV bag. Insert the connector from the IV bag into the tubing coming from the umbilicus as shown. (See figure 13.)



#### Figure 14

#### E. Filling the Umbilicus System

- 1. Hold a towel or container near the open end of the umbilicus.
- Carefully open the clamp and allow the liquid to slowly flow through the system until a steady stream exits all three holes at the umbilicus end.
  Note: Careful adjustment of the ramp clamp is needed to supply a steady stream of "blood" during the aspiration procedures. (See figure 14.)

## Procedures That Can Be Performed on This Simulator

#### A. "Blood" Aspiration

The *Life/form*<sup>®</sup> Infant Chest Skin with Umbilicus is now ready for aspiration practice. The "blood" flow is controlled by careful adjustment of the ramp clamp.

#### B. Cutting and Clamping the Umbilicus

The *Life/form*<sup>®</sup> Infant Chest Skin with Umbilicus Simulator allows the student to practice clamping and cutting the umbilicus. The umbilicus may be drawn out of the body to the desired length for trimming and is perfect for practicing umbilicus clamping and clamp removal. *Note:* When the umbilici are used up, order the Umbilical Cannulation Replacement Cords (LF03642U) on page 6.

#### **Causes for Failure in Function**

IV infusion may not flow if the IV bag isn't high enough, if the clamp isn't open, or if the latex tubing is kinked or pinched.

#### A. If "Blood" Cannot Be Aspirated During the Blood Drawing Procedure

- 1. The clamp on the IV bag may not be open.
- 2. Air could be trapped in the umbilicus system. Simply flush the system slowly, draining some "blood" or distilled water, whichever you are using, until all the air bubbles are eliminated.
- 3. Check for possible kinks in the system.

#### Care of the Simulator

This training simulator has been designed to provide the greatest possible durability and lowest maintenance while not compromising the realism of use. The following are some suggestions for helping you yield the maximum life from this unique simulator.

## A. Before Storing the Chest Skin with Umbilicus

- Drain the umbilicus by raising the body over the height of the IV bag and then opening the ramp clamp. Allow the "blood" to flow back past the bag clamp, then close the clamp.
- 2. Disconnect the IV bag and pour the fluid back into the container.
- 3. If synthetic blood was used, flush out both the bag and umbilicus with clean water and allow them to dry.

#### **B. Umbilicus Replacement**

After the length of umbilicus is used up, it will need replacing. The simulator comes with five additional umbilici. To replace the used umbilicus with a new piece, do the following:

- 1. Make sure the clamp on the IV bag is closed.
- Disconnect the old umbilicus from the latex tubing. (See figure 15.)



Figure 15



#### Figure 16

- 3. Attach the new umbilicus by sliding it inside the tube. (See *figure 16.)*
- 4. Reinstall the umbilicus as described earlier.

### Supplies/Replacement Parts for the Infant Chest Skin with Umbilicus

- LF00845U Life/form<sub>®</sub> Venous Blood, 1 quart
- LF00846U Life/form<sub>®</sub> Venous Blood, 1 gallon
- LF01022U Fluid Supply Stand
- LF01130U Fluid Supply Bag
- LF03642U Umbilical Cannulation Replacement Cords (10 pk.)
- LF09919U Nasco Cleaner

### Other Available *Life/form*. Simulators

LF00698U Adult Injectable Arm (White) LF00855U Male Catheterization **LF00856U** Female Catheterization LF00901U Prostate Examination LF00906U Ostomy Care LF00929U Surgical Bandaging **LF00957U** Enema Administration LF00958U Pediatric Injectable Arm LF00961U Intramuscular Injection LF00984U Breast Examination LF00995U Arterial Puncture Arm LF00999U Pediatric Injectable Head LF01005U First Aid Arm LF01008U Intradermal Injection Arm LF01012U Heart Catheterization (TPN) **LF01019U** Ear Examination LF01027U Peritoneal Dialvsis LF01028U Suture Practice Arm LF01034U Suture Practice Leg LF01036U Spinal Injection LF01037U Hemodialysis Practice Arm LF01038U Episiotomy Suturing Set LF01042U Suture Kit LF01062U Pelvic, Normal & Abnormal LF01063U Stump Bandaging, Upper LF01064U Stump Bandaging, Lower LF01069U Cervical Effacement LF01070U Birthing Station LF01082U Cricothyrotomy LF01083U Tracheostomy Care LF01084U Sigmoidoscopic Examination LF01087U Central Venous Cannulation LF01095U Blood Pressure Arm LF01108U Infant Intraosseous Infusion LF01121U Advanced IV Arm **LF01131U** Venipuncture and Injection Arm LF01139U Advanced IV Hand LF01142U Auscultation Trainer LF01143U Testicular Exam LF01152U Male & Female Catheter LF01155U Advanced CPR Dog LF01162U Venatech IV Trainer LF01174U NG Tube & Trach Skills

ulators	
LF01184U	Venatech IM & Sub Q
LF01193U	Special Needs Baby
LF03000U	CPARLENE <sup>®</sup> Series
LF03601U	Adult Airway Management
	Trainer with Stand
LF03602U	Adult Airway Management
	Manikin
LF03609U	Child Airway Management
	Trainer with Stand Child <b>CRiSis™</b> Manikin
LF03616U	
LF03617U	Deluxe Child <b>CRiSis™</b> Manikin with Arrhythmia Tutor
LF03620U	PALS Update Kit
LF03623U	
EI 000200	Infant Airway Management Trainer with Stand
LF03632U	Child Intraosseous Infusion/
	Femoral Access Leg on a Stand
LF03633U	Child Airway Management
	Trainer Torso
LF03693U	Basic Buddy <sup>®</sup> CPR Manikin
LF03699U	"Airway Larry" Airway
	Management Trainer
LF03709U	Infant <b>CRiSis</b> ™ Manikin
LF03720U	
LF03750U LF03760U	Fat Old Fred
LF03/000	Airway Management/Cricoid Pressure Trainer
LF03770U	Chest Tube
LF03953U	
LF03955U	Deluxe <i>CRiSis</i> <sup>™</sup> Manikin
LF03956U	
LF03965U	Adult <b>CRISIs</b> <sup>™</sup> Auscultation
	Manikin
LF03966U	Adult <b>CRISIs</b> ™ Auscultation
	Manikin with ECG Simulator
LF04000U	<b>GERi™/KERi™</b> Manikin Series
LF04200U	Adult Sternal Intraosseous
	Infusion
LF06001U	CPR Prompt <sup>®</sup> Adult/Child
150/01011	Manikin
LF06012U	
LF06200U	CPR Prompt® Keychain Rescue Aid
LF06204U	CPR Prompt <sup>®</sup> Rescue and
LF00204U	Practice Aid

901 Janesville Avenue, P.O. Box 901 Fort Atkinson, Wisconsin 53538-0901 1-800-558-9595 eNasco.com • E-mail: lifeform@eNasco.com

COPYRIGHT © NASCO 2005 PRINTED IN U.S.A. NP 113-96/RV 7-12