

**SEM****SEM TRAINERS & SYSTEMS**

WHERE TIME MOVES AHEAD TO KEEP PACE WITH KNOWLEDGE

SEM- Scientific Educative Methods in Science, Engineering & Medicine

Mobile : +91 88495 63724**Mobile 1:** +91 98791 03905**Email:** sem@semtrainers.com**Website:** www.semtrainers.com

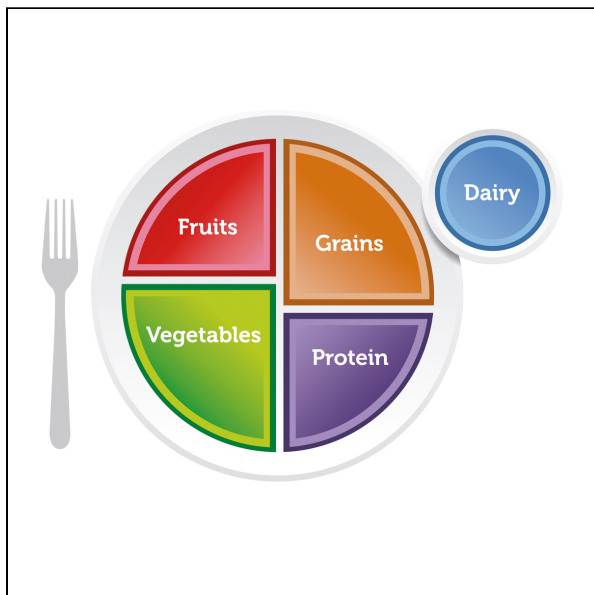
MyPlate Plate

Item No. 1018316 [W44791]

Weight 0.09 kg

Dimensions 0 x 0 x 0 cm

MPN: WA29164

[Read More](#)**SKU:****Categories:**Obesity and Eating Disorders Education

Product Description

A durable plastic plate featuring the new USDA graphic to help us all fill half our plate with fruits and vegetables, a whole grain, and a low fat proteins, as well as adding a low fat dairy choice. Use the plate as an educational tool all by itself, add food replicas to illustrate many different meals on MyPlate, or give one to each student to eat from. Made of FDA approved ABS plastic safe for food use. Outside diameter is 10.75" with the area designated to place food having 9" diameter. Dishwasher safe, not recommended for microwave oven.