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Exercise Facts Folding Display

Item No. 1018299 [W43146]
Dimensions 0 x 0 x 0 cm
Brand WRS Group
MPN: 79293

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SKU:

Categories:Heart Health and Fitness Education



Product Description

A combination of colorful art and clear explanations about the advantages of aerobic exercise and strength training make this folding display an ideal teaching tool. Also included are ways to work exercise into daily life, a discussion of exercise benefits for all ages, and information on exercise safety.

58" x 22 ½" opened.